

## HEALTH AND SAFETY POLICY

The TRAC Committee is strongly committed to encouraging members to take part and use our facilities but the health, well-being and safety of each individual is always our paramount concern. We recommend taking part in activities dependant on age and ability

### HEALTH AND SAFETY POLICY:

To support our Health and Safety Policy we are committed to the following duties:

- Undertake regular, recorded risk assessments of the TRAC site including the children's play area, courts, the pavilion and surrounding areas.
- Create a safe environment by putting Health and Safety measures in place as identified by the assessment.
- Appoint a member of the committee to assist with Health and Safety responsibilities
- Ensure all users of TRAC are aware of, and follow TRAC's Health and Safety measures
- Ensure all main users of TRAC agree to abide by Terms and Conditions of use.
- Provide access to first aid facilities
- Report any injuries or accidents sustained whilst on the TRAC site to the Health and Safety Officer
- Ensure that the policy is reviewed annually and monitored for effectiveness

### AS A CLUB MEMBER YOU HAVE A DUTY TO:

- Take reasonable care for your own Health and Safety and that of others who may be affected by what you do or do not do
- Co-operate with TRAC on Health and Safety issues
- Correctly use any equipment provided by TRAC
- Not interfere with or misuse anything provided for your health, safety and welfare

**FIRST AID:** Location of First Aid facilities: **In wall cupboard in Pavilion**

**IN CASE OF FIRE:** Shout for help and call 999

**Fire Assembly Point-TRAC CAR PARK**

Nearest telephone: Village Shop

Nearest Defibrillator: Outside Twyning Primary School

The above statement was approved at a TRAC Committee meeting held on 18th May 2014

Signed- Chairperson TRAC Committee .....